

City of Whittier Sports

2026 Youth Running Program

Tuesday, May 5, 2026



1. WELCOME STUDENTS RUN WHITTIER!

We're excited to welcome returning and new runners! Our Recreation Staff members will work alongside participants to exercise and help improve their skills!

2. City of Whittier Team Members

- **Nanette Duron: Community Services Supervisor**
- **Arthur Carrasco: Community Services Coordinator**
- **Coach Dallas: Sports & Facilities**
- **Coach Juan: Sports & Facilities**



3. Recreational Youth Running Program

- a. **Safety and Oversight: Team member backgrounds.**
- b. **Development Outline: Gain comfort and improve skills.**
- c. **Athletes: Contact Information, Medical Background, Uniforms, Etc.**
- d. **Family/Caretaker: Mandatory Presence each week**
- e. **Program Goals & Feedback**
- f. **Webpage: Practice Schedule +**



4. Practice Schedule

- a. **Michigan Park +**
- b. **Tuesdays: 5:30pm–6:30pm (5/12–7/14)**
- c. **Saturdays: 10:00am–11:00am (5/23–7/11)**
- d. **Team Banquet: Tuesday, July 21. 5:30pm @WCC**



5. 5K

- a. **Rockin' Summer 5k, 10k, 15k, Half Marathon**
- b. **Sunday, July 19. 7:30am @Whittier Narrows**
- c. **Registration: QR Code**



6. Communication

- a. **Office Number: (562) 567–9430**